

Hillsborough In-Person & Virtual Workshops – December 2025

Employability Skills Training Workshop Calendar

All customers must have a basic profile on www.EmployFlorida.com to request workshop registration.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| In-Person Tampa Center: Navigating EmployFlorida: 8:30 am - 10 am Open Lab: 10 am – 12 pm In-Person Brandon Center: Harnessing AI: 2 pm - 3:30 pm | Virtual Tuesday! Level Up Your LinkedIn: 9 am – 10:30 am Communicate to Elevate: 2 pm - 3:30 pm | In-Person Brandon Center: Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Tampa Center: Ace the Interview: 2 pm - 3:30 pm | Virtual Thursday! Barriers to Breakthroughs: 9 am - 10:30 am Good Jobs: Job Quality and Good Employers: 11 am – 12:30 pm Resume and Cover Letter Power Hour: 2 pm - 3:30 pm | In-Person Plant City: From Barriers to Breakthroughs: 9 am – 10:30 am In-Person Tampa Center: Job Search-Mature Worker: 2 pm – 3:30 pm |
| In-Person Tampa Center: Basic Computer Skills: 9 am - 10 am Open Lab: 10 am – 12 pm In-Person Brandon Center: Barriers to Breakthroughs: 2 pm - 3:30 pm | In-Person Tampa Center: Harnessing AI: 2pm – 3:30 pm Virtual! 5/3 Bank – Identity Theft (Spanish): 3 pm – 4:30 pm | In-Person Brandon Center: Resume & Cover Letter Power Hour: 8:30 am - 10:00 am Open Lab: 10 am - 12 pm In-Person Tampa Center: Resume & Cover Letter Power Hour (Spanish): 2 pm - 3:30 pm Virtual! 5/3 Bank – Budgeting: 10 am – 11 am | Virtual Thursday! From Zoom to the Room: 9 am - 10:30 am Communicate to Elevate: 2 pm - 3:30 pm In-Person Ruskin: 5/3 Bank – Debt Management: 9 am – 10:30 am | Virtual Friday! Resume and Cover Letter Power Hour: 11 am - 12:30 pm Ace the Interview: 2 pm - 3:30 pm |
| In-Person Tampa Center: Resume & Cover Letter Power Hour: 8:30 am - 10 am Open Lab: 10 am – 12 pm | Virtual Tuesday! Good Jobs: Job Quality and Good Employers: 9 am – 10:30 am Test Smart, Search Smart, Get Hired!: 2 pm - 3:30 pm | In-Person Brandon Center: Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Tampa Center: Communicate to Elevate: 2 pm - 3:30 pm Virtual! 5/3 Bank – Debt Management: 3 pm – 4 pm | Virtual Thursday! Harnessing AI: 9 am - 10:30 am The S.T.A.R. Method: 11 am – 12:30 pm Job Search for Mature Workers: 2 pm - 3:30 pm In-Person Plant City: 5/3 Bank – Debt Management: 9 am – 10:30 am | In-Person Ruskin: Navigating Employ Florida: 9 am – 10:30 am In-Person Tampa Center: Panel Interviews: (Spanish) 2 pm – 3:30 pm |
| In-Person Tampa Center: Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Brandon Center: The S.T.A.R. Method: 2 pm - 3:30 pm | Virtual Tuesday! Resume and Cover Letter Power Hour: 9 am - 10:30 am From Zoom to the Room: 2 pm - 3:30 pm | Virtual Wednesday! Barriers to Breakthroughs: 9 am – 10:30 am Mock Interviews: 2 pm - 3:30 pm | Offices Closed | Offices Closed |
| In-Person Tampa Center: Mock Interviews: 8:30 am - 10 am Open Lab: 10 am – 12 pm In-Person Brandon Center: Navigating EmployFlorida: 2 pm - 3:30 pm | Virtual Tuesday! Ace the Interview: 9 am – 10:30 am Mock Interviews: 11 am – 12:30 pm The S.T.A.R. Method: 2 pm - 3:30 pm | Virtual Wednesday! Good Jobs: Job Quality and Good Employers: 9 am – 10:30 am Test Smart, Search Smart, Get Hired!: 2 pm - 3:30 pm | | |

Attend any of our FREE EST workshops to help better prepare you for that next journey! CSHP's EST workshops count towards claiming your unemployment compensation in lieu of reporting your five job searches for the week. Contact CSHP staff to see how. As you begin your career pathway for your new or next career, gain a competitive edge by participating in trainings designed to help you succeed in the workforce.

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WORKSHOP REGISTRATION:

1. All customers **must have a basic profile on www.EmployFlorida.com** to request workshop registration.
2. **To register for a class, scan QR code or visit www.careersourcetampabay.com/events** . Click on the workshop of your choice and complete the registration form.
3. Once you complete registration for a **virtual** workshop, a ZOOM email reply will include the link to sign into the workshop. Before submitting the **in-person** registration form, take note of which workshop you are signing up for. Once you complete the in-person registration form and submit, you'll receive a generic confirmation of workshop signup. **Thank you!**

| Workshop Title | Length (Hours) | Workshop Summary |
|--|----------------|---|
| Resume + Cover Letter Workshops | | |
| Résumé & Cover Letter Power Hour | 1.5 | Learn how to create strong résumés and cover letters that stand out. This session covers résumé best practices, common mistakes to avoid, key sections and formats, and effective cover letter strategies with real examples—whether you’re starting fresh or refining existing materials. |
| Harnessing AI for Job Seekers | 1.5 | Learn how to use AI to create resumes and cover letters that pass Applicant Tracking Systems and get noticed by employers. |
| Beginning Job Search + Recently Laid Off Workshops | | |
| Career mapping w/ Labor Market Information * | 1.5 | Where does your career path lead? Learn about the MANY resources available, at no cost, to help you determine your next steps! |
| Employment Success | 1.5 | Discuss workforce changes, employer expectations, pitfalls and how to handle conflicts at work. Learn how to continue developing skills that can lead to promotions and other job opportunities. |
| From Barriers to Breakthroughs | 1.5 | This workshop empowers hard-to-employ job seekers—including those with justice involvement, poor credit, limited work history, substance use challenges, or a dishonorable military discharge—to gain employer trust and build sustainable careers. It’s not just about employment—it’s about transformation. |
| Navigating EmployFlorida * | 1.5 | Learn how to navigate through the EF website features such as resume builder, job search, creating a virtual job recruiter and more. |
| Job Searching Skills Workshops | | |
| Good Jobs: Job Quality and Good Employers * | 1.5 | Learn how to identify the right industry for you and finding an employer that matches your professional needs and values. |
| Level Up Your LinkedIn | 1.5 | Your LinkedIn profile is your personal brand. In this workshop, learn to build a standout profile, grow your network, and use LinkedIn to boost your job search. From headlines to skill highlights, get the tools to elevate your online presence. |
| Modern Day Job Search-Mature Workers * | 1.5 | Discover key tips on fighting ageism and resources to finding companies and websites that are looking for mature workers. |
| Test Smart, Search Smart, Get Hired* | 1.5 | Learn effective online job search strategies, including keyword use, top job sites, and personal branding. The session also covers preparation for pre-employment tests and helps participants understand how employers interpret assessment results. |
| Interviewing Skills Workshops | | |
| ACE the Interview | 1.5 | Step into your next interview with confidence. Gain essential skills to prepare, answer common questions, avoid mistakes, and make a strong impression. Learn how to dress for success and present your best self in any setting. |
| From Zoom to the Room | 1.5 | Master interview skills for both virtual and panel settings. Learn how to prepare, handle tech issues, engage multiple interviewers, and answer tough questions so you show up confident, polished, and ready to impress. |
| Mock Interviews * | 1.5 | Learn the importance of a mock interview and come prepared to practice top common interview questions. |
| The S.T.A.R. Method (Interviewing Skills Workshop) * | 1.5 | Define the S.T.A.R. Method and apply it when answering behavioral interview questions. Demonstrate best practices and customized responses to interview questions in a simulated interview. |
| Life Skills and Soft Skills Workshops | | |
| Basic Computer Skills * | 1.0 | Partake in hands-on basic training for computer operation. Learn how to use a mouse, move objects across a screen, and improve your typing skills. |
| Communicate to Elevate | 1.5 | Boost your professional presence with practical strategies to market yourself confidently and communicate effectively. This interactive workshop covers personal branding, message tailoring, and key communication skills—helping you stand out in interviews, networking, and the workplace. |
| Open Lab Hours * | 2.0 | Open lab offers hands-on technical assistance for resume & cover letter formatting & critiquing, Employ Florida, Florida Ready for Work certifications, and other e-learning platforms. Open lab is a walk-in service and will require Employ Florida registration. |