

Hillsborough In-Person & Virtual Workshops – October 2025

Employability Skills Training Workshop Calendar

All customers must have a basic profile on www.EmployFlorida.com to request workshop registration.

Monday	Tuesday	Wednesday	Thursday	Friday
		In-Person Brandon Center: 1 Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Tampa Center: ACE the Interview: 2 pm - 3:30 pm	Virtual Thursday! 2 Good Jobs: Job Quality and Good Employers: 9 am - 10:30 am Job Search Strategies in a Virtual World: 11 am – 12:30 pm Level Up Your LinkedIn: 2 pm - 3:30 pm	In-Person Plant City: 3 From Zoom to the Room: 9 am – 10:30 am In-Person Tampa Center: Understanding ATS: 2 pm – 3:30 pm
In-Person Tampa Center: 6 Basic Computer Skills: 9 am - 10 am Open Lab: 10 am – 12 pm In-Person Brandon Center: Communicate to Elevate: 2 pm - 3:30 pm	Virtual Tuesday! 7 Résumé & Cover Letter Power Hour: 9 am - 10:30 am ACE the Interview: 2 pm - 3:30 pm	In-Person Brandon Center: 8 Barriers to Breakthroughs: 9 am - 10:30 am Open Lab: 10 am - 12 pm In-Person Tampa Center: The S.T.A.R. Method (Spanish): 2 pm - 3:30 pm Virtual! 5/3 Bank – Making Budgets Work 10 am – 11 am	Virtual! 9 From Zoom to the Room: 9 am - 10:30 am Understanding ATS: 2 pm - 3:30 pm In-Person Ruskin: 5/3 Bank – Credit Report & Score: 9 am – 10:30 am	Virtual Friday! 10 Navigating Employ Florida: 11 am - 12:30 pm Surviving a Layoff: 2 pm - 3:30 pm
In-Person Tampa Center: 13 Resume & Cover Letter Power Hour: 8:30 am - 10 am Open Lab: 10 am – 12 pm	Virtual Tuesday! 14 The S.T.A.R. Method: 9 am – 10:30 am Barriers to Breakthroughs: 11 am – 12:30 pm Communicate to Elevate: 2 pm - 3:30 pm 5/3 Bank – Making Budgets Work (Spanish): 3 pm – 4:30 pm	In-Person Brandon Center: 15 Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Tampa Center: From Zoom to the Room: 2 pm - 3:30 pm	Virtual Thursday! 16 Harnessing AI for Jobseekers: 9 am - 10:30 am Surviving a Layoff: 11 am – 12:30 pm Succeeding on Pre-Employment Test: 2 pm - 3:30 pm	In-Person Ruskin: 17 ACE the Interview: 9 am – 10:30 am In-Person Tampa Center: Crafting a Marketable Resume: (Spanish) 2 pm – 3:30 pm
In-Person Tampa Center: 20 Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Brandon Center: Job Search-Mature Workers: 2 pm - 3:30 pm	Virtual Tuesday! 21 Ace the Interview: 9 am - 10:30 am From Zoom to the Room: 2 pm - 3:30 pm	In-Person Tampa Center: 22 Career Networking Group (CNG): 10 am – 11:30 am Mock Interviews: 2 pm – 3:30 pm Virtual 5/3 Bank – Mobile Banking: 3 pm – 4:30 pm	Virtual Thursday! 23 Job Search-Mature Workers: 9 am - 10:30 am Level Up your LinkedIn: 2 pm - 3:30 pm In-Person Plant City: 5/3 Bank – Credit Report & Score: 9 am – 10:30 am	Virtual Friday! 24 Surviving a Layoff: 11 am - 12:30 pm Resume & Cover Letter Power Hour: 2 pm - 3:30 pm
In-Person Tampa Center: 27 Resume & Cover Letter Power Hour : 8:30 am - 10 am Open Lab: 10 am – 12 pm In-Person Brandon Center: From Zoom to the Room: 2 pm - 3:30 pm	Virtual Tuesday! 28 Mock Interviews: 2 pm - 3:30 pm	In-Person Brandon Center: 29 Basic Computer Skills: 9 am - 10 am Open Lab: 10 am - 12 pm In-Person Tampa Center: Communicate to Elevate: 2 pm - 3:30 pm	Virtual Thursday! 30 Succeeding on Pre-Employment Test: 9 am - 10:30 am Harnessing AI for Jobseekers (Spanish): 11 am – 12:30 pm Career Mapping w/ Labor Market Information: 2 pm - 3:30 pm	In-Person Brandon Center: 31 The S.T.A.R. Method: 9 am - 10 am

Attend any of our FREE EST workshops to help better prepare you for that next journey! CSHP's EST workshops count towards claiming your unemployment compensation in lieu of reporting your five job searches for the week. Contact CSHP staff to see how. As you begin your career pathway for your new or next career, gain a competitive edge by participating in trainings designed to help you succeed in the workforce.

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WORKSHOP REGISTRATION:

1. All customers ***must have a basic profile*** on www.EmployFlorida.com to request workshop registration.
2. **To register for a class, scan QR code or visit www.careersourcetampabay.com/events** . Click on the workshop of your choice and complete the registration form.
3. Once you complete registration for a **virtual** workshop, a ZOOM email reply will include the link to sign into the workshop. Before submitting the **in-person** registration form, take note of which workshop you are signing up for. Once you complete the in-person registration form and submit, you'll receive a generic confirmation of workshop signup. **Thank you!**

Workshop Title	Length (Hours)	Workshop Summary
Resume + Cover Letter Workshops		
Résumé & Cover Letter Power Hour	1.5	Learn how to create strong résumés and cover letters that stand out. This session covers résumé best practices, common mistakes to avoid, key sections and formats, and effective cover letter strategies with real examples—whether you’re starting fresh or refining existing materials.
Harnessing AI for Job Seekers	1.5	Learn how to use AI to create resumes and cover letters that pass Applicant Tracking Systems and get noticed by employers.
Beginning Job Search + Recently Laid Off Workshops		
Barriers to Breakthroughs	1.5	This workshop empowers hard-to-employ job seekers—including those with justice involvement, poor credit, limited work history, substance use challenges, or a dishonorable military discharge—to gain employer trust and build sustainable careers. It’s not just about employment—it’s about transformation.
Career mapping w/ Labor Market Information	1.5	Where does your career path lead? Learn about the MANY resources available, at no cost, to help you determine your next steps!
Employment Success	1.5	Discuss workforce changes, employer expectations, pitfalls and how to handle conflicts at work. Learn how to continue developing skills that can lead to promotions and other job opportunities.
Navigating EmployFlorida	1.5	Learn how to navigate through the EF website features such as resume builder, job search, creating a virtual job recruiter and more.
Surviving a Layoff	1.5	You’ve been laid off...now what? Explore job loss, how to cope with the new changes and tips for starting over.
Job Searching Skills Workshops		
Good Jobs: Job Quality and Good Employers	1.5	Learn how to identify the right industry for you and finding an employer that matches your professional needs and values.
Job Search Strategies in a Virtual World	1.5	Discover how to navigate online job searching by learning about best practices regarding searching by keywords, using the best sites, and personal branding. Level Up
Level Up Your LinkedIn	1.5	Your LinkedIn profile is your personal brand. In this workshop, learn to build a standout profile, grow your network, and use LinkedIn to boost your job search. From headlines to skill highlights, get the tools to elevate your online presence.
Modern Day Job Search-Mature Workers	1.5	Discover key tips on fighting ageism and resources to finding companies and websites that are looking for mature workers.
Succeeding on Pre-Employment Test	1.5	Identify strategies to prepare for and succeed at pre-employment tests. Evaluate pre-employment assessment results from the perspective of the employer.
Interviewing Skills Workshops		
ACE the Interview	1.5	Step into your next interview with confidence. Gain essential skills to prepare, answer common questions, avoid mistakes, and make a strong impression. Learn how to dress for success and present your best self in any setting.
From Zoom to the Room	1.5	Master interview skills for both virtual and panel settings. Learn how to prepare, handle tech issues, engage multiple interviewers, and answer tough questions so you show up confident, polished, and ready to impress.
Mock Interviews	1.5	Learn the importance of a mock interview and come prepared to practice top common interview questions.
The S.T.A.R. Method (Interviewing Skills Workshop)	1.5	Define the S.T.A.R. Method and apply it when answering behavioral interview questions. Demonstrate best practices and customized responses to interview questions in a simulated interview.
Life Skills and Soft Skills Workshops		
Basic Computer Skills	1.0	Partake in hands-on basic training for computer operation. Learn how to use a mouse, move objects across a screen, and improve your typing skills.
Communicate to Elevate	1.5	Boost your professional presence with practical strategies to market yourself confidently and communicate effectively. This interactive workshop covers personal branding, message tailoring, and key communication skills—helping you stand out in interviews, networking, and the workplace.
Open Lab Hours	2.0	Open lab offers hands-on technical assistance for resume & cover letter formatting & critiquing, Employ Florida, Florida Ready for Work certifications, and other e-learning platforms. Open lab is a walk-in service and will require Employ Florida registration.