


Pinellas In-Person & Virtual Workshops – May 2026

Employability Skills Training Workshop Calendar

All customers must have a basic profile on www.employflorida.com to request workshop registration.

Monday	Tuesday	Wednesday	Thursday	Friday
				In-Person South County - St. Pete: 1 The S.T.A.R. Method: 10 am - 11:30 am Ace the Interview: 2 pm - 3:30pm
In-Person Gulf to Bay: 4 Resume & Cover Letter Power Hour: 10 am - 11:30 am Test Smart, Search Smart, Get Hired!: 2 pm - 3:30 pm	Virtual Tuesday! 5 Good Jobs: Job Quality and Good Employers: 9 am - 10:30 am The S.T.A.R. Method: 2 pm - 3:30 pm 5/3 Bank – Identity Theft (Spanish): 3 pm – 4 pm	In-Person Gulf to Bay: 6 The S.T.A.R. Method: 10 am - 11:30 am Turning Panic to Power: 2 pm - 3:30pm In-Person South County – St. Pete: Basic Computer Skills: 10 am - 11 am Navigating Employ Florida: 2 pm - 3:30 pm	Virtual Thursday! 7 Communicate to Elevate: 9 am - 10:30 pm Barriers to Breakthroughs: 2 pm - 3:30 pm	In-Person South County - St. Pete: 8 Level Up your LinkedIn: 10 am - 11:30 am Communicate to Elevate: 2 pm - 3:30pm Virtual! Turning Panic to Power: 11 am - 12:30 pm Ace the Interview: 2 pm - 3:30 pm
In-Person Gulf to Bay: 11 Basic Computer Skills: 10 am - 11 am Navigating Employ Florida: 2 pm - 3:30 pm	In-Person Gulf to Bay: 12 5/3 Bank – Basic Banking: 10 am – 11 am Virtual Tuesday! From Zoom to the Room: 9 am - 10:30 am Résumé & Cover Letter Power Hour: 11 am - 12:30 pm Communicate to Elevate: 2 pm - 3:30 pm	In-Person Gulf to Bay: 13 Level Up your LinkedIn: 10 am - 11:30 am Communicate to Elevate: 2 pm - 3:30 pm In-Person South County - St. Pete: Resume & Cover Letter Power Hour: 10 am - 11:30 am From Zoom to the Room: 2 pm - 3:30 pm Virtual! 5/3 Bank – Mobile Banking: 3 pm – 4 pm	Virtual Thursday! 14 Level Up Your LinkedIn: 9 am - 10:30 am ACE the Interview: 11 am - 12:30 pm Test Smart, Search Smart, Get Hired!: 2 pm - 3:30 pm	In-Person South County - St. Pete: 15 The S.T.A.R. Method: 10 am - 11:30 am Ace the Interview: 2 pm - 3:30pm
In-Person Gulf to Bay: 18 Resume & Cover Letter Power Hour: 10 am - 11:30 am Test Smart, Search Smart, Get Hired!: 2 pm - 3:30 pm	In-Person South County - St. Pete: 19 5/3 Bank – Basic Banking: 10 am – 11 am Virtual Tuesday! Barriers to Breakthroughs: 9 am - 10:30 am Level Up your LinkedIn: 2 pm - 3:30 pm	In-Person Gulf to Bay: 20 The S.T.A.R. Method: 10 am - 11:30 am Turning Panic to Power: 2 pm - 3:30pm In-Person South County – St. Pete: Basic Computer Skills: 10 am - 11 am Navigating Employ Florida: 2 pm - 3:30 pm	Virtual Thursday! 21 Mock Interviews: 9 am - 10:30 am Résumé & Cover Letter Power Hour: 2 pm - 3:30 pm	In-Person South County - St. Pete: 22 Resume & Cover Letter Power Hour (Spanish): 9 am - 10:30 am Communicate to Elevate: 2 pm - 3:30 pm Virtual! Communicate to Elevate: 11 am - 12:30 pm Good Jobs: Job Quality and Good Employers: 2 pm - 3:30 pm
OFFICES CLOSED  MEMORIAL DAY <small>REMEMBER AND HONOR</small>	Virtual Tuesday! 26 Harnessing AI : 9 am - 10:30 am Test Smart, Search Smart, Get Hired!: 11 am - 12:30 pm Turning Panic to Power: 2 pm - 3:30 pm	In-Person Gulf to Bay: 27 Level Up your LinkedIn: 10 am - 11:30 am Communicate to Elevate: 2 pm - 3:30 pm In-Person South County - St. Pete: Resume & Cover Letter Power Hour: 10 am - 11:30 am From Zoom to the Room: 2 pm - 3:30 pm Virtual! 5/3 Bank – Budgeting: 3 pm – 4 pm	Virtual Thursday! 28 Navigating EmployFlorida: 9 am - 10:30 am Ace the Interview: 11 am - 12:30 pm The S.T.A.R. Method: 2 pm - 3:30 pm	In-Person South County - St. Pete: 29 The S.T.A.R. Method: 10 am - 11:30 am Ace the Interview: 2 pm - 3:30pm

Attend any of our FREE EST workshops to help better prepare you for that next journey! CSTB's EST workshops count towards claiming your unemployment compensation in lieu of reporting your five job searches for the week. Contact CSTB staff to see how. As you begin your career pathway for your new or next career, gain a competitive edge by participating in trainings designed to help you succeed in the workforce.

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CareerSourceTB.com/Events

WORKSHOP REGISTRATION:

1. All customers **must have a basic profile on www.EmployFlorida.com** to request workshop registration.
2. **To register for a class, scan QR code or visit www.careersourcetampabay.com/events** . Click on the workshop of your choice and complete the registration form.
3. Once you complete registration for a **virtual** workshop, a ZOOM email reply will include the link to sign into the workshop. Before submitting the **in-person** registration form, take note of which workshop you are signing up for. Once you complete the in-person registration form and submit, you'll receive a generic confirmation of workshop sign-up. **Thank you!**

Workshop Title	Length (Hours)	Workshop Summary
Resume + Cover Letter Workshops		
Résumé & Cover Letter Power Hour	1.5	Learn how to create strong résumés and cover letters that stand out. This session covers résumé best practices, common mistakes to avoid, key sections and formats, and effective cover letter strategies with real examples—whether you’re starting fresh or refining existing materials.
Harnessing AI for Job Seekers	1.5	Learn how to use AI to create resumes and cover letters that pass Applicant Tracking Systems and get noticed by employers.
Beginning Job Search + Recently Laid Off Workshops		
From Barriers to Breakthroughs	1.5	This workshop empowers hard-to-employ job seekers—including those with justice involvement, poor credit, limited work history, substance use challenges, or a dishonorable military discharge—to gain employer trust and build sustainable careers. It’s not just about employment—it’s about transformation.
Navigating EmployFlorida *	1.5	Learn how to navigate through the EF website features such as resume builder, job search, creating a virtual job recruiter and more.
Job Searching Skills Workshops		
Good Jobs: Job Quality and Good Employers *	1.5	Learn how to identify the right industry for you and finding an employer that matches your professional needs and values.
Level Up Your LinkedIn	1.5	Your LinkedIn profile is your personal brand. In this workshop, learn to build a standout profile, grow your network, and use LinkedIn to boost your job search. From headlines to skill highlights, get the tools to elevate your online presence.
Modern Day Job Search-Mature Workers *	1.5	Discover key tips on fighting ageism and resources to finding companies and websites that are looking for mature workers.
Test Smart, Search Smart, Get Hired*	1.5	Learn effective online job search strategies, including keyword use, top job sites, and personal branding. The session also covers preparation for pre-employment tests and helps participants understand how employers interpret assessment results.
Interviewing Skills Workshops		
ACE the Interview	1.5	Step into your next interview with confidence. Gain essential skills to prepare, answer common questions, avoid mistakes, and make a strong impression. Learn how to dress for success and present your best self in any setting.
From Zoom to the Room	1.5	Master interview skills for both virtual and panel settings. Learn how to prepare, handle tech issues, engage multiple interviewers, and answer tough questions so you show up confident, polished, and ready to impress.
Mock Interviews *	1.5	Learn the importance of a mock interview and come prepared to practice top common interview questions.
The S.T.A.R. Method (Interviewing Skills Workshop) *	1.5	Define the S.T.A.R. Method and apply it when answering behavioral interview questions. Demonstrate best practices and customized responses to interview questions in a simulated interview.
Life Skills and Soft Skills Workshops		
Basic Computer Skills *	1.0	Partake in hands-on basic training for computer operation. Learn how to use a mouse, move objects across a screen, and improve your typing skills.
Communicate to Elevate	1.5	Boost your professional presence with practical strategies to market yourself confidently and communicate effectively. This interactive workshop covers personal branding, message tailoring, and key communication skills—helping you stand out in interviews, networking, and the workplace.
Open Lab Hours *	2.0	Open lab offers hands-on technical assistance for resume & cover letter formatting & critiquing, Employ Florida, Florida Ready for Work certifications, and other e-learning platforms. Open lab is a walk-in service and will require Employ Florida registration.
Turning Panic to Power	1.5	Through practical strategies, real-life scenarios, and role-play, attendees learn to prepare effectively, respond clearly, and turn interviews into professional conversations instead of high-pressure tests.